

**J. Sargeant Reynolds Community College
Course Content Summary**

Course Prefix and Number: EQU 140

Credits: 3

Course Title: Fundamentals of Equitation

Course Description (including lecture hours, lab hours, total contacts)

Introduces the basics of proper position at the walk, trot, and canter for the beginning rider. Lecture 2 hours. Laboratory 2 hours. Total 4 hours per week.

General Course Purpose

Introduces the basics of proper position at the walk, trot, and canter for the beginning rider.

Course Prerequisites/Corequisites (*Entry-level competencies **required** for enrollment*)

None

Course Objectives (Each item should complete the following sentence.)

Upon completing the course, the student will be able to:

- a. Safely and correctly execute commands
- b. Exhibit good basic control over the horse

Major Topics to be Included

- a. proper position at the walk
- b. proper position at the trot
- c. proper position at the canter

Effective Date of Course Content Summary (Month, Date Year): 2/12/09