

**J. Sargeant Reynolds Community College  
Course Content Summary**

**Course Prefix and Number: NUR 206**

**Credits: 6**

**Course Title: Maternity/Women's Health Nursing**

**Course Description**

Focuses on the use of nursing process to provide care to mothers, infants, and families in the antepartal, intrapartal, and postpartal periods. May also include care of women with gynecological conditions. Includes math computational skills and basic computer instruction related to the delivery of nursing care. Provides supervised learning experiences in cooperating agencies. Prerequisite: NUR 111. Lecture 3 hours. Laboratory 9 hours. Total 12 hours per week.

**General Course Purpose**

Maternity Nursing is a Level II course in the nursing curriculum. Concepts which have been introduced in prior nursing courses will not only be continued but also expanded upon to implement growth of knowledge and skills in the student. Concepts and topics which are integrated into Nursing 206 include: common human needs, human behavior and development, nursing process, nutrition, pharmacology, cognitive psychomotor and interpersonal skills, organization and priority setting, and personal and professional accountability. The concepts and theories of Duvall, Reva Rubin, Eric Erickson, Hans Selye, and Abraham Maslow are utilized.

**Course Prerequisites/Co requisites**

Prerequisite - NUR 111

**Course Objectives**

Upon completing the course, the student will be able to:

- a. Apply concepts and theories of nursing, including AWHONN standards, that apply to the assessment and delivery of care of the maternity patient and her family.
- b. Examine selected ethical and legal issues in women's health.
- c. Compare and contrast communication needs of the maternity patient and her family to determine therapeutic nursing strategies.
- d. Implement principles of critical thinking in performing a comprehensive and systematic assessment of the maternity patient and her family.
- e. Perform prioritized nursing care for the maternity patient and her family in different stages of the childbearing cycle.
- f. Demonstrate principles of teaching and learning as they apply to the maternity patient and her family.
- g. Distinguish how the nurse works collaboratively as a multi-disciplinary team member with the maternity/gynecological patient and her family.
- h. Examine how cost containment measures and the use of technology impact the delivery of care for the maternity patient and her family.
- i. Discuss principles of delegation in the delivery of nursing care

**Major Topics to be Included**

- a. Contemporary Childbirth Trends
- b. Normal Postpartum
- c. Normal Pregnancy
- d. Normal Labor and Delivery
- e. Normal Newborn
- f. Complications of Labor and Delivery
- g. Complications of Pregnancy
- h. Complications of Postpartum
- i. Health Needs of Women
- j. Nursing Leadership and Management (Nursing Practice and the Law, Values and Ethics, Delegation of Patient Care)

**Effective Date of Course Content Summary:** February 12, 2009