

**J. Sargeant Reynolds Community College
Course Content Summary**

Course Prefix and Number: NUR 226

Credits: 2

Course Title: Health Assessment

Course Description:

Teaches the systematic approach to obtaining a health history and performing a physical assessment. Prerequisite: NUR 111. Prerequisite or corequisite: NUR 112. Lecture 1 hour. Laboratory 3 hours. Total 4 hours per week.

General Course Purpose

Course focuses on helping students learn to take a health history, perform a physical assessment, analyze the data collected and discuss health promotion strategies.

Course Prerequisites/Corequisites:

Pre-requisite: NUR111; pre- or corequisite: NUR112

Course Objectives

Upon completing the course, the student will be able to:

1. Obtain a comprehensive health history with utilization of therapeutic communication.
2. Integrate knowledge of socio-cultural and physiological characteristics when assessing clients with health issues.
3. Review anatomy and physiology necessary for system analysis.
4. Describe the role of the ADN nurse in collecting and analyzing data.
5. Perform a physical assessment that is accurate and safe for the client and the nurse utilizing a systematic approach.
6. Apply critical thinking skills for basic to complex patients.
7. Collect subjective and objective data with identification of actual and potential (at-risk-for) health problems leading to nursing diagnoses.
8. Document data collected in a timely manner with use of appropriate medical terminology.

Major Topics to be Included

Assessment of body systems including musculoskeletal, abdominal, respiratory, cardiac and peripheral vascular, neurological, eyes and ears, head, neck, mouth, nose and throat and skin.

Effective Date of Course Content Summary: February 12, 2009