

**J. Sargeant Reynolds Community College  
Course Content Summary**

**Course Prefix and Number: PED 123**

**Credits: 2**

**Course Title:** Tennis I

**Course Description (including lecture hours, lab hours, total contacts)**

Teaches tennis skills with emphasis on stroke development and strategies for individual and team play. Includes rules, scoring, terminology, and etiquette. Lecture 1 hour. Laboratory 2 hours. Total 3 hours per week.

**General Course Purpose**

Students will learn the basic concepts of the game of tennis from singles to doubles formats.

**Course Prerequisites/Corequisites** (*Entry-level competencies **required** for enrollment*): NONE

**Course Objectives** (Each item should complete the following sentence.)

Upon completing the course, the student will be able to:

- a. Demonstrate the ability to perform the following skills: forehand and backhand drives, serve, volley, and lob.
- b. Perform the following related skills: proper footwork, positioning, and simple strategy in a game.
- c. Indicate knowledge of how the game is played, the rules, and scoring.

**Major Topics to be Included**

- a. Forehand drive
- b. Backhand drive
- c. Serve
- d. Volley
- e. Lob
- f. Game, play, rules, scoring, and etiquette

**Effective Date of Course Content Summary (Month, Date Year):** August 1, 2008