

**J. Sargeant Reynolds Community College
Course Content Summary**

Course Prefix and Number: PNE141

Credits: 3

Course Title: Nursing Skills I

Course Description (including lecture hours, lab hours, total contacts)

Studies principles and procedures essential to the basic nursing care of patients. Includes all content as outlined by the Board of Nursing as necessary for a Nurse Aide Program. Includes both campus and clinical lab hours in a geriatric setting. Prerequisites: ENG 111 and NAS 150 or NAS 161-162. Corequisites: PNE 143 and SDV 100. Lecture 2 hours. Laboratory 3 hours. Total 5 hours per week.

General Course Purpose

This is an 8 week course designed to introduce the student to basic nursing care including necessary skills in providing patient care to the adult client and provide an introduction to the needs and care of the geriatric client.

Course Prerequisites/Corequisites

Prerequisites: ENG111 and NAS 150 or NAS 161-162. Corequisites: PNE 143 and SDV 100

Course Objectives

Upon completing the course, the student will be able to:

- a. Discuss basic factors affecting practical nursing with the context of economic, social and political forces and practice standards.
- b. Apply basic skills of therapeutic communication in the delivery of care, noting and documenting the interactions via appropriate methods.
- c. Apply basic values and principles from the natural and social sciences, humanities and nursing theory to facilitate the data collection of common human needs and the delivery of care to hospitalized adult patients requiring nursing interventions to promote or maintain optimum health.
- d. Demonstrate basic knowledge and skills in obtaining patient information, clinical decision-making and documentation.
- e. Discuss the ethical, social, cultural, racial and spiritual influences on individuals and families in providing basic care.
- f. Demonstrate application of theory in performing basic skills in the nursing laboratories.
- g. Demonstrate basic knowledge and skills in selecting and using appropriate equipment efficiently and effectively to provide nursing care.

Major Topics to be Included

- a. Basic Concepts of Nursing
- b. Human Responses
- c. Care of the Geriatric Patient
- d. Problems Related to Chronic Illness
- e. Nutrition and Physiologic Adaptation
- f. Oxygenation
- g. Bowel and Bladder Elimination
- h. Terminal Illness

Effective Date of Course Content Summary (Month, Date Year): February 12, 2009