

Effective Date: Spring 2008

New

Revised

COURSE OUTLINE

1. **COURSE PREFIX and NUMBER:** PSY 201 **CREDIT HOURS:** 3
2. **COURSE TITLE:** Introduction to Psychology I
3. **PREREQUISITES:** English placement recommendation for ENG 111 and satisfactory completion of ENG 4 if required by reading placement test. Prerequisite or corequisite: ENG 5 and or ENG 107 if recommended by reading placement test.
4. **COURSE DESCRIPTION:** Examines human and animal behavior, relating experimental studies to practical problems. Includes topics such as sensation/perception, learning, memory, motivation, emotion, stress, development, intelligence, personality, psychopathology, therapy, and social psychology. PSY 201 and 202 may be taken out of sequence by permission of the instructor only. Prerequisite: English placement recommendation for ENG 111 and satisfactory completion of ENG 4 if required by reading placement test. Prerequisite or corequisite: ENG 5 and or ENG 107 if recommended by reading placement test. Lecture 3 hours per week.
5. **MAJOR TOPICS INCLUDED:**
 - A. Historical development of the field
 - B. Scientific Method and its application to psychological research
 - C. Understanding of the interdisciplinary contributions of biology and psychology to the knowledge of the human organism in its stages of growth and in neural functioning
 - D. To discuss attention from the standpoint of the various senses and to differentiate selective attention or perception, as well as major distortions of perception
 - E. Learning, Thought, Intelligence, Language, and Memory
 - F. Theories of Motion
 - G. Theories of Emotion
6. **GENERAL COURSE OBJECTIVES:** Upon successful completion of the course, the student will be able to:
 - A. Discuss the major schools of psychology
 - B. Understand the application of the scientific method of psychology
 - C. Compare and contrast the roles of the autonomic nervous system and the central nervous system as they apply to behavior
 - D. Know the states and the processes of Sensation, Perception, and Consciousness
 - E. Discuss role of sleep and dreaming and the various types of altered states of consciousness through hypnosis, meditation, and drugs
 - F. Understand theories of Motion
 - G. Understand theories of Emotion
 - H. To understand the roles of motivation and emotion upon behavior
 - I. Understand the impact that social institutions have on individuals and culture-past, present and future
 - J. Access needed information effectively and efficiently
 - K. Develop and/or enhance the knowledge, skills, and understanding to make informed academic, social, personal, career, and interpersonal decisions
 - L. Draw appropriate conclusions and inferences
 - M. Evaluate the strengths and relevance of arguments on a particular question or issue
 - N. Determine whether certain conclusions or consequences are supported by the information provided