

# Making Rounds

## Letter from the Assistant Dean

Welcome to the 2007 Spring Semester!



A lot has changed in the School of

Nursing and Allied Health, SNAH, since the last newsletter. We celebrated the retirement of Jean Moseley, RN from our nursing faculty. Jean has been a major asset to our nursing faculty since the start of the program in 1973. We celebrated the considerable contributions to our nursing program made by Judy Abel, RN and Brenda French, RN as they transitioned from our nursing program to other employment and lifestyle opportunities. We also lamented the loss of these fine nursing educators and their considerable contributions to our students and faculty. Fortunately, we were able to recruit two fine, new, nurse educators, Jamie Cosby, RN and Kathleen Brittingham, RN, to help us move our program forward.

The respiratory care program has a new full-time faculty member, Sherry Compton, RCP. Sherry has considerable experience with JSRCC as a student, graduate, and part-time faculty member in our respiratory care program. She is coordinating the expansion of our online and distance education offerings in that program.

As the Commonwealth of Virginia struggles to provide needed financial assistance to support the operational costs of its institutions of higher education, the colleges have had to look to the private sector donations and grants to support expansion, renovation, and the development of new, much-needed programs. The SNAH, with considerable support from the college's administration, foundation, and VCCS, have secured new funding for major new laboratory equipment additions in its medical laboratory program and for the expansion and improvement of the distance and online course offerings in its dental laboratory program.

The SNAH continues to encourage its faculty, staff, and student members to participate in charitable and community outreach programs. The dental assisting and dental laboratory faculty and students are preparing to participate in the "Mission of Mercy" Dental Care Program to the eastern shore of Virginia sponsored by the Virginia Dental Association. The opticianry program faculty and students are busily preparing eye-glasses for the Honduras Project sponsored by the Virginia Hospital Center.

We are trying our best with limited human and fiscal resources to meet the educational needs of our students and the workforce needs of our community. We look forward to working with you this semester and in future semesters. Our success depends on our students' and graduates' successes. Please let us know about yours and any ideas you may have for our improvement.

Don O'Donohue, M.Ed., RCP  
Assistant to the Dean  
School of Nursing and Allied Health



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## Faculty Profile: Nancy Daniel



### Dental Assisting Program Head

This issue's SNAH faculty spotlight falls upon Nancy Daniel, the program head of the Dental Assisting Program for the past eight years at JSRCC. Nancy graduated from the Dental Assisting Program at Florida Junior College in 1973 and later received a Bachelor's degree in healthcare management from Southern Illinois University. So if you do the math, Nancy has been looking in people's mouths for 33 years!

"Like many young people today, did not really know what I wanted to do with my life. I first began taking courses for teacher education but decided that I did not want to go to college for four years. So I made the choice to acquire a "skill" instead and dentistry seemed a good fit. Plus I knew that if later on I did want to further my career, I could go into hygiene or on to be a dentist."

Nancy was born in Bethesda, Maryland and spent most of her wonder years in Jacksonville, Florida. She was a Navy brat and also married a man in the Navy. She commutes from Newport News where she lives with her husband. They have two grown sons who live in northern Virginia. The ocean flows deep in her veins as she attests to loving the ocean and beach. "My family has a timeshare in Daytona that we share among us so I really do like going to the beach." When unwinding, Nancy attends exercise classes and works out at the gym. Another passion is pasta; her maiden name is Pas-savanti.

Nancy is an avid reader and believes Charlotte's Web may have had the most influence upon her. Currently she is reading a book by John Hurley about how we can deal with life by observing dogs. "It is very humorous yet thought provoking! I am waiting for the next edition of Harry Potter to come out this summer. Yes- I am a kid at heart!"

Her beloved dad use to say to her all the time, "One day at a time, Nancy, that's all you can do!" And this is the personal philosophy that she lives

by. Values that she tries to instill in her students include respect for each other, to be responsible, and to always give it their best try. Nancy also believes that humor is the best medicine. "I love to laugh at myself, especially with my students, because then they can see I am human too."

The one thing that Nancy does not tolerate is people being labeled. "Why do we have to put labels – race, color, religion related, sexual orientation, etc, on people? What good does it do? Nothing! People need to be recognized for whom they are, what they contribute, and the life they lead."



### 2007 Spring Semester

#### IMPORTANT DATES

January 31, 2007      Deadline for Spring Graduation Applications

March 12-18, 2007      Spring Break (No Classes)

March 12, 2007      Professional Development Day (no services)

May 12, 2007      Graduation

#### REGULAR SESSION (16 Weeks)

January 24, 2007      Last Day to Drop with a Refund

March 22, 2007      Last Day to Withdraw from Class with a Grade of "W"

April 30, 2007      Classes End

## IMPORTANT DATES-Spring 2007

May 1-7, 2007 Examination Period

### First Eight-Week Session

February 9, 2007 Last Day to Withdraw from Class with a Grade of "W"

March 5, 2007 Classes End

### Second Eight-Week Session

March 6, 2007 Classes Begin

March 6-8, 2007 Late Registration and Add/Drop

March 8, 2007 Last Day to Add Class

March 20, 2007 Last Day to Drop with a Refund

April 13, 2007 Last Day to Withdraw from Class with a Grade of "W"

May 7, 2007 Classes End

## 2007 Summer Session

### IMPORTANT DATES

February 15, 2007 Recommended Financial Aid Application Submission Date

April 9-20, 2007 Academic Advising

April 9-22, 2007 Early-Bird Registration (via [MyJSRCC](#) and [REYNET](#) only)

April 27, 2007 Deadline for Early-Bird Tuition Payment

April 23- May 18, 2007 Registration (Tuition payment due by Friday of the week you register.)

May 28, 2007 Memorial Day (College Closed)

June 29, 2007 Deadline for Summer Graduation Applications

July 4, 2007 Independence Day (College Closed)

August 2, 2007 Grades Due

## Program News

### The Dental Assisting Program

The Dental Assisting Program held its annual Dental Exhibits on December 6th at the DTC and, for the first time, at the PRC. Attendance at both campuses was great. Many students, faculty, and employees took advantage of the dental information and free samples that the students handed out from their tables. There were ten tables set up with information on such topics as whitening, implants, nutrition, halitosis, and much more. The students did an excellent job on their projects and it showed. The projects were judged, by their peers, and it really was difficult for them to pick a first, second, and third place because they all were wonderful.

On the same night, 16 students, went through the pinning ceremony. Many parents, family

members, and friends came out to honor these sixteen. Students can graduate from the program at different times of the year, so we pin students when they have completed, or are completing, DNA 190- Coordinated Internship. This course is at the half-way mark. We are very proud of all of them because they work so hard and deserve the recognition.

Two updates about our instructors. Yolanda Johnson-Gray is now on the Faculty Senate as an adjunct representative. I know she will have a lot of great input. The program has a new dental materials instructor- Ms. Jamie White. Jamie is a recent graduate of VCU's dental hygiene program. We welcome her and know she will do a great job! The students love her already!

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# Program News

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## The Optician Program

### “Making Eyeglasses for the people of Honduras!”

The 1<sup>st</sup> year opticianry students are teaming up with Va. Hospital Center to make 500 pair of eyeglasses for Honduras mission this semester (Spring 07). The department is very excited to be part of this effort. We have received our first shipment of donated frames and lenses and the students will begin working on fabrication of the eyewear this month. See more details about the Honduras Project below.

A group of 70 people from Virginia Hospital Center in Arlington, VA have created a team that travels to Honduras. They have been making these trips every year for the past seven years. There are six medical teams: pediatrics, primary care, eye care, physical therapy, pharmacy and surgery. The surgeons work out of the local hospital, and the rest of us travel to a different remote village every day. The clinic is set up in the local school, as they are gated compounds which allow the team to control the very large crowds. The team receives logistical help from the local Lion's Club and the Honduran police. (Every day when they arrive at the remote site, there are about 1000 people waiting for us, see pictures)

This year the eye care team, comprised of three Virginia licensed opticians, one ophthalmologist, and six volunteers saw 2400 patients!

The clinic works like this:

1. A bilingual volunteer goes down the line of people waiting, and asks their age and occupation, and about their chief complaint (vision or a medical issue).
2. All patients are sent to the "refracting room", where they are refracted using the Welch Allyn hand held auto refractor. The Rx is printed with an infrared printer, and the Rx stapled to the card with their age/occupation.
3. All patients are then sent to the "dispensing area", where we do our best to match the Rx to the 6000 pairs of recycled glasses donated by the Lion's Club.

**This is where the eyeglasses we are making are really useful to have.** When using Lions club donations only, the team is forced to give people who have never worn glasses before a pair that have prescriptions that are only somewhat close to what they need!

The team also takes 2500 pairs of ready-made readers, and many times gives two pair: one for distance and one for near. They make people very happy. Everyone also receives a pair of UV protected sunglasses, and the advice to wear them constantly when outdoors. (There is a huge incidence of sun-related eye damage such as pterygium, cataracts, etc. in these areas.)

4. From there patients who have a medical eye issue are sent to the ophthalmologist. He is equipped with an indirect ophthalmoscope, retinoscope, tonometer pen and various ophthalmic medications, which he dispenses to the patients. He also takes the name of those who have a need for surgery, and we pass those along to the Lion's Club, so that when a surgical mission comes through they may be able to have surgery.

An elderly woman was lead in by the hand. She had had cataract surgery 15 years ago (no implant). She



used a tall stick to walk, and was completely unable to see. We found a pair of +12 lenticular aspheric glasses for her, and when she put them on she started waving her hands in the air and shouting! (Photo attached)



A nine year old boy came alone. He was difficult to refract (the auto refractor only goes to +/- 5D.) I had brought a trial frame and some trial lenses, so we put the trial frame on him and over-refracted him. The resultant Rx was about -9.50 with some cylinder. I was able to find a pair of -

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9.00 spheres in a frame that fit him well. You should have seen the look on his face when he put them on!! (Photo attached)



There is a comical photo of an old man with exactly one tooth in his head, which you can see quite well because of the huge grin on his face that came when we gave him his

sunglasses.

## Health and Physical Education Program

### “Heir to the Throne”

As of January 2, 2007 Stephen P. Sowulewski became effective as Program Head for Health and Physical Education. Since being hired in 2004, Stephen teaches at both campuses and will seek to introduce classes to the Western Campus by fall of 2007.

Thus far, Stephen’s core class is **Personal Wellness**. His sections are popular and his pedagogical style makes his classes fun and rewarding. “I think this class is the most important one at the college (his bias laughter ensues)...” It has the student in mind and is all about THEM! His true passion for health has taken him to great strides including two triathlons while living on Longboat Key in southwest Florida.

His belief and respect for community colleges is evident in his background. “I wanted the personalized attention and small class size that is afforded to students who attend community colleges.” Thus, he earned his Associates in Science (with a focus on Pre-Pharmacy) from Delta College, earned a bachelor’s degree in Exercise Science (with a concentration in Sports Medicine) from Lake Superior State University and later moved to Bradenton, Florida to complete an internship at Nick Bolletieri’s world renowned tennis academy. His master’s degree is in Health Promotion/Public Health from Central Michigan University and he is currently working toward his doctorate in Health Education (in the Urban Services Track) at VCU.

Stephen can be found globe-trotting when he is not teaching or studying within academia. Travel has

taken him to S. Africa where he helped to build houses for areas that were ravaged by apartheid. In 2003 his best adventure yet was Cairo, Egypt where he explored the Pyramids of Egypt. Last summer he assisted faculty at John Tyler Community College in study abroad to Athens, Greece. “This city holds true amazement for my craft”. “This is where the first athletes competed-- it was truly inspiring to see.”

## Medical Laboratory Technology News

It’s coming! The new Abbott AxSYM instrument, that is! JSRCC has been awarded the Abbott AxSYM instrument in a nationwide grant proposal, and the estimated cost of this award exceeds \$100,000! The AxSYM will perform over 65 clinical chemistry analyses, including fertility testing, therapeutic & abuse drug testing, infectious disease testing, cancer testing, cardiac testing, metabolic testing and thyroid testing. We will also be able to test samples for cholesterol and lipids! All reagents, disposables and the maintenance contract are included in the award to our program, which covers a substantial operating cost.

Needless to say, this is the best thing that has happened to the Medical Lab division at JSRCC! The *Labs Are Vital* program by Abbott is designed to assist 2-year and 4-year schools of clinical laboratory science, and the grand prize of an AxSYM is definitely going to enhance the learning of students in our program. We hope to have the room readied for delivery of the new instrument within the next month or two. So keep on the lookout for a new instrument coming to room 575!

Becky Clark, M. Ed., MT(ASCP)

Program Head- Medical Laboratory Technology

### Tutoring Lab

Retention Specialist Carol Rodi

**Skills Lab -572**

Improve your clinical performance.

Practice your nursing skills.

Open hours posted on door.

M (9-10am)

W (2:30-6pm)

R (2:30-6pm)

F (1:30-4pm)

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# Program News

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## HEALTH COURSE

It will not be long before many families will be swimming in a local pool, relaxing in a hot tub or cooling off in the motel pool during a summer vacation. The question, will you be safe in that water environment or are you being exposed to bacteria that could lead to illness or death?

How safe is that community pool or hotel aquatic facility? Is it being operated by a certified pool/spa operator or by a well meaning local high school or college student?

Data from the Center for Disease Control and Prevention reveals a substantial need to operate a swimming pool/spa facility more effectively. CDC inspections of swimming pools found 8.3% had severe violations to require immediate closure. Hot tub inspections were more alarming with 11.1% closed immediately

The solution is to have **certified pool operators** overseeing aquatic operations. During the spring semester J Sargeant Reynolds Community College offers a **swimming pool/spa operators course (HLT 175)** with a National Swimming Pool Foundation certification. Individuals will learn about state codes and the operational procedures to prevent recreational water illnesses and to maintain the capital investment of the facility.

Check out your local pools and let them know about the class. It may make their life a little easier and a lot safer for us all. To learn about a **career in aquatics management** or to obtain information about the certification course email [RWojcik@Reynolds.edu](mailto:RWojcik@Reynolds.edu). (523-5527)

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## Dental Laboratory Technology Program

Ms. Allison Tigani recently received a \$1000 academic scholarship from the American Dental Association Foundation. The award is based on academic scholarship, faculty support and financial need. Congratulations Allison!!

Four members of the second year class in the Dental Lab. Technology Program are now working as Teacher Assistants in the V.C.U. School of Dentistry, dental occlusion course for freshmen dental students. They are assisting Dr. Maria Throckmorton during the

laboratory portion of the course on Friday afternoons. Participants are listed below:

Evon Bush, David Freeland, Danny Kelliher, and Allison Tigani

Eight dental lab technology students and one faculty member will be participating in the Mission of Mercy project on the Eastern Shore of Virginia on March 23<sup>rd</sup> - 25<sup>th</sup>. The event is sponsored by the Virginia Dental Association and its purpose is to provide dental treatment for indigent patients where there is very limited availability of dental care. The following students are participating: Evon Bush, Jose Castaldi, Dina Fluent, Melvin Johnson, Danny Kelliher, Kerry O'Donohue, Roy Preau, and Allison Tigani.

The Dental Lab Technology Program recently received a \$25,000 C.E.E.D. grant from the Virginia Community College System. The grant will be used for upgrading and developing the Distance Education, Career Studies Certificate Program using electronic learning systems. The program also plans to partner with Danville and Wytheville Colleges to help provide dental lab technology courses in the southwest areas of Virginia.

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## NURSING PROGRAM

On January 25, 2007 the School of Nursing held its annual nursing graduate recognition ceremony at Hanover High School. It was an evening full of touching moments and opportunities for our students to feel special and their families to feel proud. This ceremony recognized those students graduating at the end of the most recent summer session, in October and December 2006. While tears of joy flowed at times, beaming smiles radiated as well.

Dr. Gary Rhodes attended and commented, "It was another moment to be proud of our faculty (and of course also of our students) last evening at the Nursing Pinning Ceremony held in the auditorium of Hanover High School. The program listed 100

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JSRCC nursing students who are graduating as RNs and who will help make progress in addressing the tremendous shortage of nurses that we have in our region. To our faculty I extend a grand... **"JOB WELL DONE!"**

The recently retired Jean Moseley, Professor Emeritus, gave the keynote address. Her message was inspiring and uplifting as she has served as a fantastic colleague and role model for us and our students over the past 30 plus years.

All students received a rose and participated in a candle lighting ceremony before reciting the nurse's pledge. Their captivated audience was composed of excited friends, family and loved ones who had been supportive of them as they made sacrifices to complete their nursing education at JSRCC. Our thanks go out to Vicki Connifey and Patti Connolly who served as volunteer ushers for the evening. After the ceremony and much picture taking, a delicious reception feast was enjoyed by all.

Clinical and academic award winners were announced as follow:

Maternity Nursing:

Shelly Clark

Medical-Surgical Nursing:

Susan Walker

Psychiatric-Mental Health Nursing

Catherine Freelin

Nursing of Children

Jessica Puttkammer

Fundamentals of Nursing

Cameron Jennings

Beginning Medical-Surgical Nursing

Kelly Pitts

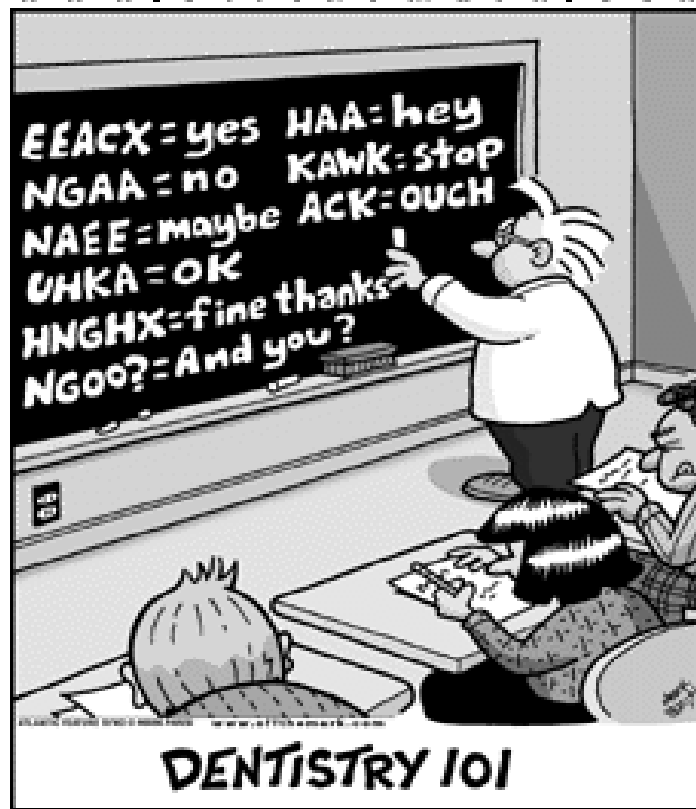
Evelyn Bacon Award

Rhonda Curtis

Fran Stanley Award

Marshall Call

**off the mark** by Mark Parisi  
www.offthemark.com



**IMPORTANT FINANCIAL AID DEADLINE!!! APRIL 15th**

**FAFSA WEB SITE**

**YOU MUST HAVE COMPLETED YOUR 2006 Federal Tax returns before completing the FAFSA. You will need to include information from that form.**

**In order to receive LOANS, GRANTS, SCHOLARSHIPS, all students Must complete a FAFSA. The website for directions for this FREE service is: [www.fafsa.ed.gov](http://www.fafsa.ed.gov)**